

# 綠惜毅行 2021

## Green Trailwalker



綠 惜 地 球  
THE GREEN EARTH

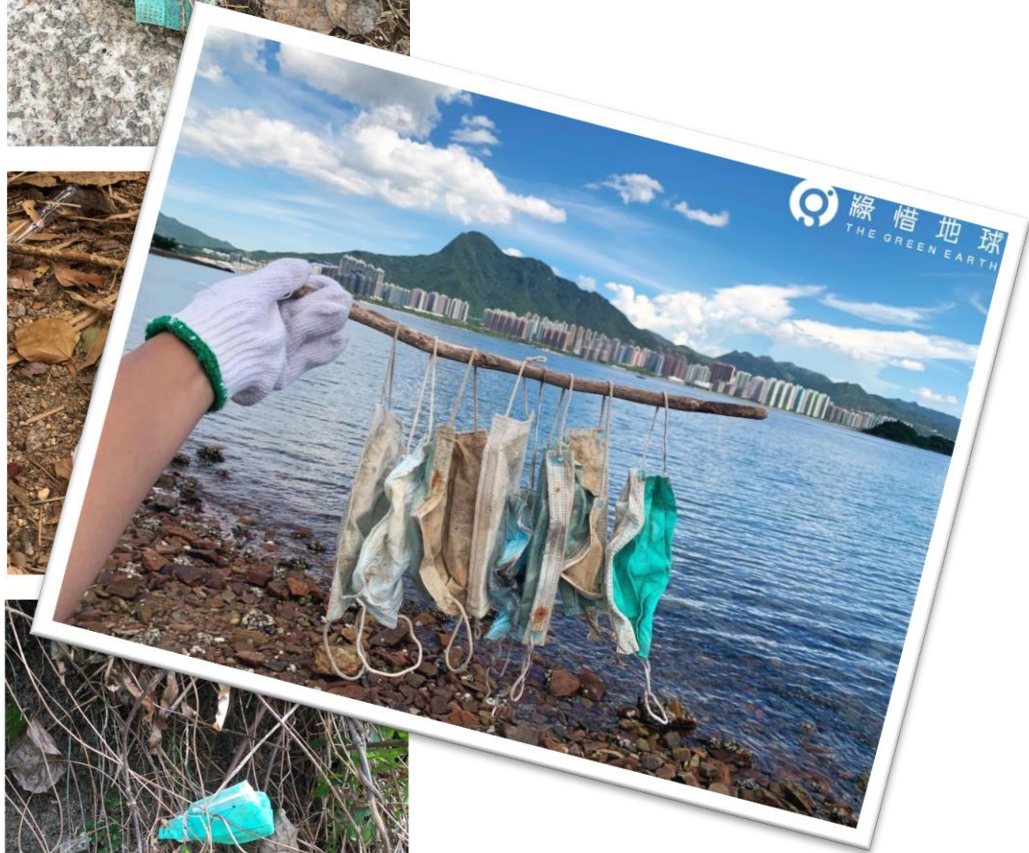


How are you? 你還好嗎？





...I'm not so good...



希望您能  
成為

綠惜毅行者

Be a Green Trailwalker



不再這樣，可以嗎？  
Let it not happen again?





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# 重點行動 KEY ACTIONS





# 1. 帶水樽

## Bring Your Own Bottle





BRING YOUR OWN CUP

# 自己帶杯



No disposable cup at checkpoint  
所有檢查站均不會派發即棄杯



由2016年開始，毅行者不再派發即棄杯，  
並陸續開始減少即棄餐具

No disposable cup from 2016,  
and gradually reducing single-use cutlery





今年，會有斟飲品的義工為你服務，大家緊記自備水杯或容器盛載熱飲及湯

Bring your own cup /  
container for hot drinks and soup





拎個乾淨袋仔 收好隻杯  
Use a clean bag to take your cup along the journey

# 2. 自備餐具

Bring Your Own Tableware



#BringYourOwn

4、7號站 (杯麵) - 不派發即棄叉

No disposable fork (for cup noodles) is provided at CP4 & CP7



RECYCLE



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AT ALL CHECKPOINTS

## 「回收收唔收? Can they be recycled? 」

膠樽 Plastic bottles	✓	必須飲清才回收 Empty before recycle
鋁罐 / 金屬罐 Aluminum / Metal cans	✓	
果皮果芯 Fruit cores / peels	✓	
紙皮 / 紙張 Carton paper / paper	✓	必須清潔、乾身、撕去膠紙及摺平 Must be cleaned, dried, and flattened with plastic labels removed
包裝膠袋 Plastic bags	✓	必須清潔 Must be completely cleaned 如屬生物降解膠袋，則不能回收 Cannot be recycled if it is biodegradable





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我們會妥善處理  
您的回收物  
We will handle your  
recyclables properly



但，你必須 Your must:

飲清才回收！  
飲清才回收！  
飲清才回收！



Empty Before  
Recycling



將**飲清**的鋁罐及膠樽投進大會的回收箱

Take your empty bottles/cans to recycle bins





# 4 果皮。堆肥

• FRUIT RESIDUALS COMPOSTING



果皮回收桶設於CP2-5,7-8  
COLLECTION BINS AT CP2-5,7-8



5

自己垃圾

LEAVE NO TRACE

自己帶走



今年疫情下，大會準備了一些獨立包裝(如:朱古力、梳打餅、鹽糖等) 補給品給各位。所以，記住：

- 不能回收的，請一定一定一定要自己垃圾自己帶走！！

OTW will provide individual packing food (e.g.: Chocolate, Crackers, Salt Candy ) at stations, please be responsible for:

- **Bringing your litter home** if it is non-recyclables



將山徑垃圾帶回大會檢查站棄置

Take litter on the trail back to checkpoints





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# 惜食

## Waste No Food

食得晒先好擺, 珍惜食物



# 7

愛護山野, 勿抄捷徑

Off-track does hurt







## 胡亂開闢捷徑 Create Shortcut Causally

S 彎是最常發現捷徑的地點，貪快的遊人不走正路，直接穿林通過，影響樹林及植物的生長

Shortcuts are often found at S-shaped trails. Quick-tempered hikers tend to open up a more direct path through stepping on vegetation and adversely affect growth of plants .



## 出發前

### 可帶備以下環保用具隨行:

- 毛巾
- 水杯/水樽/水袋
- 可重用餐具
- 可重用食物容器
- 防水風褸 (減用即棄雨衣)

## 活動日

- 帶了環保用具就記得用!
- 不貪心，用不上的紀念品不拿，吃不下的食物就不要取
- 盡力回收，膠樽不落堆填區
- 支持乾淨回收，先飲清，才回收
- 選擇集體交通，少駕車

# TIPS for YOU

## Before setting out

Bring with you the following items to protect the environment:

- Towels
- Reusable cups/Bottles/Reservoirs
- Reusable tableware
- Reusable food containers
- Water-proof windbreaker (to reduce the use of single-use raincoats)

## Event Day

- Use the items you bring with you
- Do not take away souvenirs you don't need and food you cannot finish
- Plastic bottles no landfill
- Support clean recycling. Empty the bottle before you place it in a recycling bin
- Take public transport instead of driving your own vehicles.





抗疫不忘環保  
Stay safe. Stay green.

保持個人衛生 同時兼顧環保



# Be a Green Trailwalker 做個綠惜毅行者



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