## 緣惜毅行 2020/21 Green Trailwalker



Edwin Lau, MH All right reserved by the speaker

#### Are we facing with waste crisis?



#### Waste disposal trend (MSW)





#### Recovery rates of MSW, domestic waste, and commercial and industrial waste from 2014 to 2018



Source: EPD

#### Composition of Municipal Solid Waste (MSW)



# Which type of plastic has the highest disposal amount in Hong Kong?









#### Plastics disposed of at landfill/day (2018)



# There are three key reasons leading to our waste crisis



#### (1) Too dependent on others



Photo: Jacky Lau



#### (3) Environmental awareness is pp















#### **Really unavoidable?**

Oxfam 2017 @Shing Mun





Please recycle!

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#### **New Plastic pollution from Covid-19**



#### 41 million/day



#### They can last for 450 yrs or more







Comment / Letters

#### Letters | Peel that apple? Microplastic invasion of healthy foods demands policy action

- Reports in scientific journals suggest microplastics have started to infest even fruits and vegetables needed for a healthy diet
- When humanity must worry about the risks of eating healthy food, it is morally irresponsible for leaders to focus only on economic and political battles

Letters Published: 7:10am, 18 Jul, 2020 +

T Why you can trust SCMP



#### Source: SCMP 18.7.2020





#### Green Event! Campaign 緣惜盛事 推廣計劃

Since 2016

#### **Key Actions**









#### No disposable cup since 2016, and gradually reducing single-use cutlery



#### No disposable fork (for cup noodles) will be provided at CP7 from 2019



#NoDisposable







#### Bring Your Own Bottle



#### RECYCLE

PCCW





Q = 雪 車 軟清才回收 Empty Before Recycle!

# AT ALL CHECKPOINTS

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#### Empty Before Recycling

# Recycling bins and green ambassadors at checkpoints











# **展皮 FRUIT RESIDUALS COMPOSITING**

#### COLLECTION BINS AT CP2, 5, 8

#### Leave No Trace

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#### Waste No Food

# 緣惜毅行 2020/21 Green4 Trailwalker







Carry out <u>any 4</u> of the 9 specified green actions during the OTW, and upload photos/videos to your fb/ig

#### Nine green actions:

- 1. Bring your own cup / container for hot drinks and soup
- 2. Bring your own cutlery
- 3. Take empty bottles / cans to our recycling bins
- 4. Take litter along the trail back to checkpoints
- 5. Be a green support team do not use single-use plastic
- 6. Bring bottles from CP1 (Sai Wan) to CP2 (Pak Tam Au) for recycling
- Don't waste food plan what you can eat in advance and take home any leftover
- 8. Take public transports instead of driving to reduce your carbon footprint
- 9. Eat more vegetables than meat during the OTW
# Action 1 BYOC





## Action 2 BYOC





#### Action 3 Take empty bottles/cans to recycling bins



#### Action 4 Take litter along the trail back to checkpoints





#### Action 5 Be a green support team – do not use single-use plastic



#### Action 6 Bring bottles from CP1 (Sai Wan) to CP2 (Pak Tam Au) for recycling



#### Action 7 Don't waste food – plan ahead how much you can eat and take home any leftover



#剩食帶回家 Take leftover home



#食光光 Empty plate

### Action 8 Take public transports instead of driving to reduce your carbon footprint



預先購買大會巴士券 Buy shuttle bus tickets in advance

#### **Action 9**

Eat more vegetables than meat during the OTW

- 菜單參考:
- 蕃薯/薯仔
- 咖哩什菜飯
- 腐皮壽司
- 青瓜壽司
- 蕃茄通粉
- 什豆粥
- 環球果盤(提子/橙/蕉...)
- 豆浆



Photo: 走肉。朋友

### **Green Support is equally important**

- 預算準確份量
  Prepare accurate quantity of food
- 剩食請帶走
  Take home any leftover food
- 減少用即棄
  Reduce using single-use disposable products
- 資源請回收
  Recycle waste to become resources
- 自己垃圾自己帶走
  Take away your own rubbish





### Act green together with support teams



## 抗疫不忘環保 Stay safe. Stay green.

保持個人衛生同時兼顧環保

## Be a Green Trailwalker Not just for 48 hrs, but everyday







