



HOW YOUR DONATIONS HELP

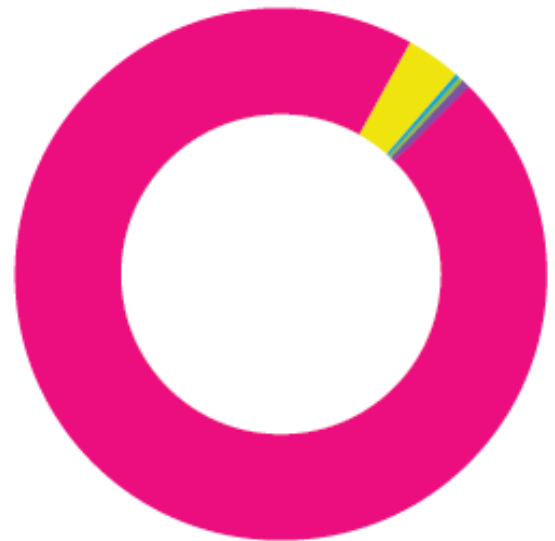


Oxfam Trailwalker is one of the largest fundraising hiking events in Hong Kong. Since 1986, more than 100,000 participants have raised over HK\$600 million to support Oxfam's various poverty alleviation and emergency relief programmes all around the world, including Hong Kong, mainland China, other parts of Asia, and Africa. However, there are still countless people living in poverty and they really need your support.

Please use your Team Page on the official website or the Sponsorship Form to solicit sponsorship. Remember: the more you raise, the more people you can empower!

2018-19 INCOME AND EXPENDITURE:

INCOME	HK\$'000	%
Public Donations	223,915	95.6%
HKSAR Government	8,211	3.5%
Other Income	897	0.4%
Trading income from The Oxfam Shop	680	0.3%
Interest and Investments	405	0.2%
TOTAL INCOME	234,108	100.0%



EXPENDITURE	HK\$'000	%
Programme	177,373	79.7%
Fundraising and Marketing	34,303	15.4%
Management and Administration	8,114	3.6%
Trading cost from The Oxfam Shop	1,665	0.7%
Foreign exchange differences	788	0.4%
Loss on investment	542	0.2%
TOTAL EXPENDITURE	222,785	100.0%



SURPLUS FOR THE YEAR 11,323

Over 90 per cent of Oxfam Hong Kong's income is from the public's donations. We are committed to using every dollar to support long-term poverty alleviation and emergency relief projects in Asia (including Hong Kong, Macau, and mainland China) and Africa.

1. Thank you for supporting Oxfam Trailwalker. All teams (including those that withdraw without written notice / are absent / withdraw on the day of the event) must raise a minimum of HK\$7,600 in sponsorship, except for Pledge Teams, which must raise a minimum of HK\$72,000. **The organiser reserves the right not to accept applications for future Oxfam Trailwalker events from any member of a team who failed to raise the specified minimum sponsorship.**
2. In order to encourage participants to actively raise funds, teams that have raised HK\$36,000 or above can have priority in registering for Oxfam Trailwalker 2020 as Special Teams. Teams or organisations that raise over HK\$72,000 will be acknowledged in the Oxfam Trailwalker 2019 Thank You Advertisement, which will be published in newspapers. Teams that raise over HK\$100,000 will each receive an 'Oxfam Trailwalker Outstanding Fundraiser Award'.
3. All money raised from Oxfam Trailwalker must be donated in full to Oxfam. **You should not use your participation in Oxfam Trailwalker to raise funds for other organisations.**
4. The fundraising amount of each team will be uploaded onto the Oxfam Trailwalker website on 17 December and will be updated regularly.

Making Mira's dream come true

According to the Food and Agricultural Organization of the United Nations, smallholder farmer households in Nepal spend 60 per cent of their monthly income on food, and roughly 30 per cent on housing and other living expenses. On average, they are only able to spend 2 per cent on their children's education.

Mira, 16, lives in a village in Nepal's Arhakhachi region. She has loved school since she was a child and has always dreamed of teaching Nepalese. Climate change threatened to rob this dream from her as it has become increasingly difficult to predict harvest dates, which has affected farmers' incomes. Mira has thus had to work in the fields with her family to try and boost their income. Mira's mum knew how much Mira wants to be a teacher but needed to prioritise putting food on the table.

Since 2005, Oxfam has been implementing livelihood projects all over Nepal to enable women to learn more efficient agricultural techniques that will help them better adapt to climate change. It has also been working with women to set up cooperatives that provide interest-free loans so they can buy drought-resistant seeds and farming equipment, and eventually escape poverty.

In 2017-18, the cooperative's agricultural productivity increased by 30 per cent. Mira's mum, who is a member of the cooperative, saw their family's income increase too and not only no longer worries about their next meal, but is also sending her children to school. Mira is now studying hard to turn her dream into reality.





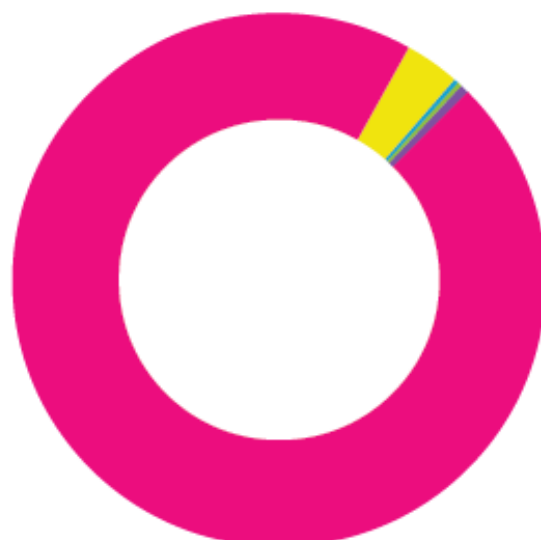
樂施會如何運用籌得的款項？

「樂施毅行者」是香港最大型的遠足籌款活動。自 1986 年以來，先後有超過 10 萬名參加者為這項活動合共籌得超過 6 億港元，以支持樂施會在香港、中國內地、亞洲其他地區及非洲推行扶貧救災和倡議工作。不過，目前全球仍有數以億計的貧窮人過著日夜奔波卻朝不保夕的日子，他們正需要你的支持。

請利用大會提供的籌款網頁或籌款錦囊，向你的贊助人募捐。籌款愈多，受惠者愈多，努力啊！

2018-19 年度樂施會的收入及支出分佈：

收入	港幣千元	%
● 公眾捐款	223,915	95.6%
● 香港特別行政區政府	8,211	3.5%
● 其他收入	897	0.4%
● 樂施商店收入	680	0.3%
● 利息及投資	405	0.2%
總收入	234,108	100.0%



支出	港幣千元	%
● 項目	177,373	79.7%
● 籌款	34,303	15.4%
● 管理及行政	8,114	3.6%
● 樂施商店支出	1,665	0.7%
● 匯兌差額	788	0.4%
● 投資損失	542	0.2%
總支出	222,785	100.0%



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樂施會超過九成收入來自公眾捐款，我們承諾定必盡用、善用每分每毫，在亞洲（包括香港、澳門及中國內地）及非洲推行長遠的扶貧發展及緊急救援工作。

1. 感謝你支持「樂施毅行者」。每支參加隊伍（包括已獲確認參加資格、但未有以書面通知大會退出，或於活動當日臨時退出/ 缺席的隊伍）必須籌款不少於港幣 7,600 元（惟特定籌款額隊伍則須籌款最少港幣 72,000 元）。**凡未能籌得最低籌款額的隊伍，大會有權不接受其所有隊員日後申請參加「樂施毅行者」。**
2. 為鼓勵參加者積極籌款，凡籌款達港幣 36,000 元的隊伍，除可以參加特別獎抽獎外，更會列為「特別隊伍」，優先獲邀參加來年的「樂施毅行者」；籌款達港幣 72,000 元的隊伍或機構將刊登於「樂施毅行者 2019」鳴謝廣告之中。至於籌款達港幣 100,000 元的隊伍，將獲頒「樂施毅行者傑出籌款獎」。
3. 所有籌得款項須悉數捐予樂施會。**請勿以「樂施毅行者」的名義，為其他機構籌款。**
4. 大會將由 12 月 17 日起於樂施毅行者網站刊登各隊最新籌款總額，並會定時更新資料。

持續生計發展項目，令 MIRA 當老師的夢想不再遙遠

根據聯合國糧食及農業組織的統計，尼泊爾的小農家庭需要以月入的六成購買糧食，另外約三成用作住屋、燈油火蠟及其他生活必需品等開支，平均只剩百分之二能夠用作孩子的教育。

16 歲的 Mira 住在尼泊爾 Arghakhachi 地區的一條村落，從小就喜歡上學，夢想成為尼泊爾文老師。然而，受氣候變化影響，當地農民較以前難以預測收成期，為應付生計，Mira 年紀輕輕就已經與家人一同下田耕作。Mira 的媽媽知道女兒想當老師，但更擔心缸中的糧食不夠。

樂施會自 2005 年起在尼泊爾多個地區開展生計項目，讓婦女學習更有效率、更能適應氣候變化的種植技術。我們亦協助婦女成立合作社，向村民提供免息貸款，用作購買抗旱種子和小型農耕機械，讓當地家庭踏上脫貧之路。

2017 至 18 年度，合作社裡小農共同的產量提升了百份之三十。Mira 的媽媽是合作社的成員，更將農產品外銷，增加收入，自此她不用再為家人的三餐溫飽而惆悵，更供孩子上學。Mira 正努力讀書，夢想不再遙遠。

