2019 IMPORTANT NOTES



OTW HISTORY – A GLOBAL MOVEMENT (2019)



1981	"Exercise Trailwalker" started by the Gurkhas Army stationed in HK, raising HK\$80,000
1986	Oxfam started to co-organise, event open to public, 100 teams raised HK\$208,000
1997	Oxfam became sole Organizer, 701 teams raised HK\$11,640,198
1999	Started to be "exported" overseas and becoming international
2019	OTW will be held in 14 cities



OXFAM TRAILWALKER 2019 – NEW ARRANGEMENTS



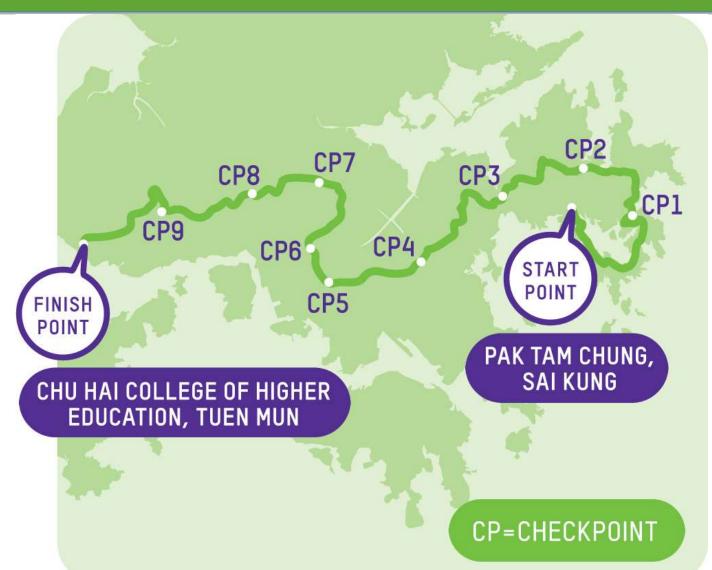
 New Finish Point – Chu Hai College of Higher Education (Longest route of OTW – 100.8 Km)

Revised Route – Checkpoint 9 to Finish Point

New Timing System

ROUTE OF OXFAM TRAILWALKER

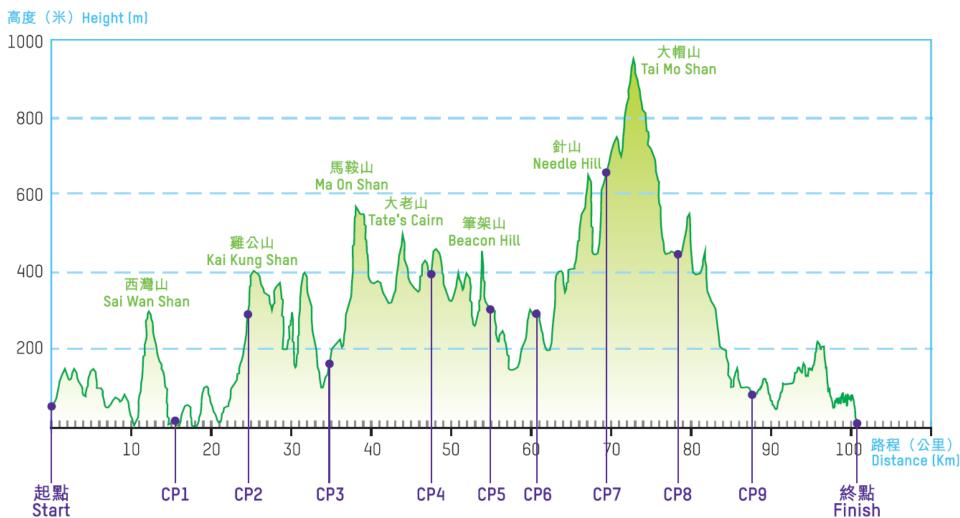




OTW ROUTE ELEVATION



•23 peaks | Total ascent 4,550m | 14,928 feet

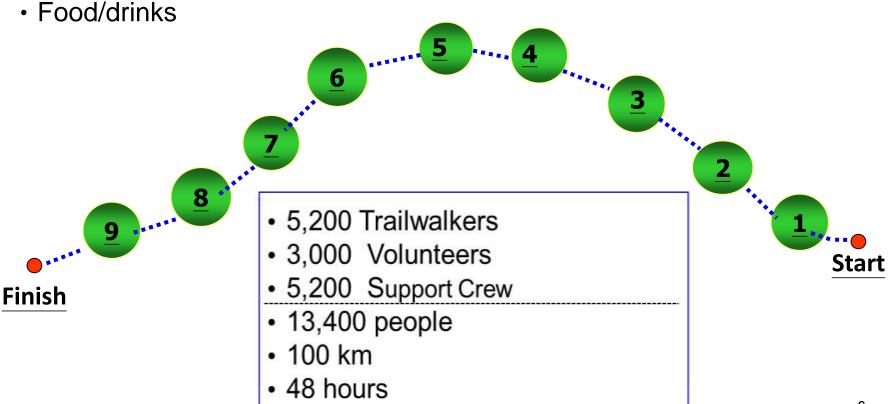


OXFAM TRAILWALKER EVERYONE SAFE & HAPPY



- Tents
- Electricity
- Telecom + computers

- Toilets
- First Aid
- Furnishing



BEGIN W/ AN END IN MIND



- from Stephen Covey (1932-2012)



THEME OF 2019







OXFAM TRAILWALKER 15-17/11/2019 | DONATE NOW TO REACH MORE SMALLHOLDER FARMERS WITH OUR DEVELOPMENT PROGRAMMES

Principal Spansor



Lagistica Sponsora 亞洲萬里通





















STEELS DOWN













































EVENT DATES



15 – 17 November 2019

Organiser

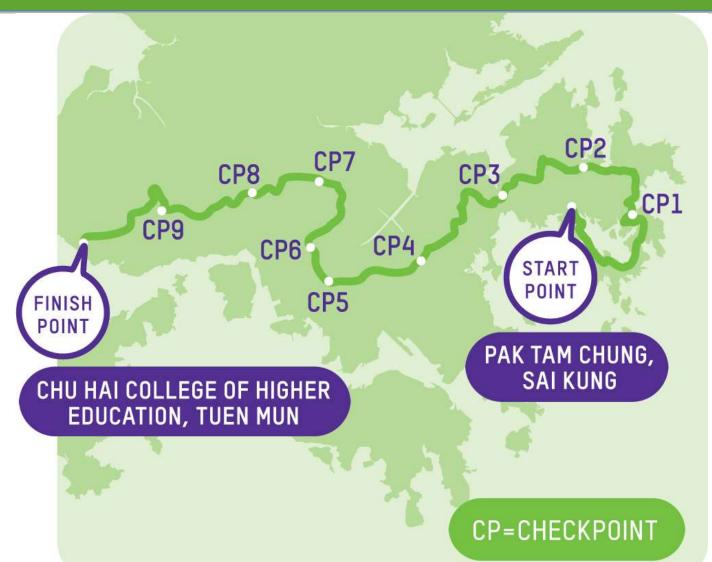


Principal Sponsor



ROUTE





THE ROUTE

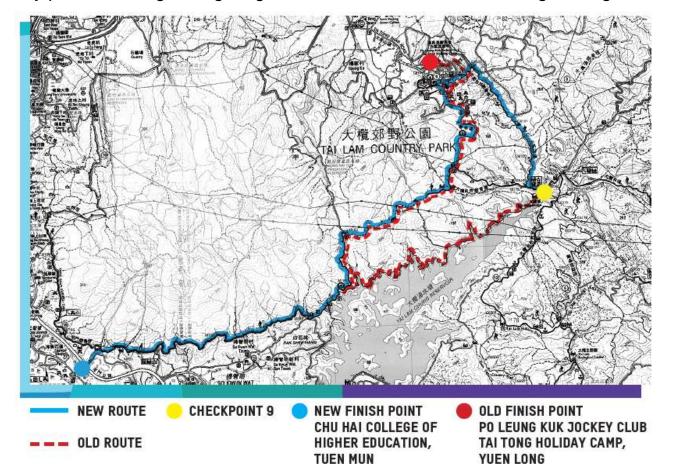


- Start Point: Pak Tam Chung, Sai Kung
- Finish Point (NEW!) Chu Hai College of Higher Education
- The first 87.7 km = Sections 1 to 9 of the MacLehose Trail (M001 M174)
- The last 13.1km = follows the Yuen Tsuen Ancient Trail (C6119-C6124), turns left onto the Tai Lam Forest Track, makes its way back to the MacLehose Trail (M178 – M193 + countdown banners)
- The route to the Finish Point can be challenging, with some unpaved and uphill paths
- Every walker MUST practise on all ten sections of the trail, especially the final section
- Participants should stay on the marked course. Shortcuts are strictly prohibited and penalty will be imposed. The Organiser will not record the results and rankings of participants who are found to have taken shortcuts.

ROUTE FROM CP9 TO FINISH POINT



Revised route: Before passing distance post M175, it leaves the MacLehose Trail, turns right and follows the Yuen Tsuen Ancient Trail all the way to Tai Tong Barbecue Site (C6119 to C6124). The route then turns left onto the Tai Lam Forest Track and makes its way back to the MacLehose Trail, where it runs from distance post M178 to M193. It then finally passes through Tsing Ying Road and ends at Chu Hai College of Higher Education



RULES AND REGULATIONS



4 persons with 1 goal

 Finish 100km within 48 hours

Finish as a team



 Teams must raise a minimum sponsorship of HK\$7,600. (except for Pledge Teams, which must raise at least HK\$72,000)

CHANGE OF TEAM MEMBER



PHASE	FEE (PER MEMBER)	PROCEDURE		
Submission of Particulars of Confirmed Team Members (5 June - 15 October)	Free	VIA ONLINE TEAM PAGE - Log into Oxfam Trailwalker Website - Visit your Team Page to add / edit team members BY POST OR HAND - Fill in the Registration Form and submit it to Oxfam		
Late Change of Team Members – Phase I (16 October - 8 November)	HK\$200	VIA ONLINE TEAM PAGE - Log into Oxfam Trailwalker Website - Pay the Late Change of Team Member Fee by credit card - Visit your Team Page to add / edit team members BY POST OR HAND - Fill in the Change of Team Member Form and submit it with payment record to Oxfam		
Late Change of Team Members – Phase II 9 – 15 November	HK\$500	9 November onwards, all change requests will be handled on the event day. Fill in the Change of Team Member Form and pay the fee in cash at the registration hall.		

If a member is changed after 15 Oct, the form and a fee of HK\$200 for each new member should be submitted between 16 Oct and 8 Nov.

CHANGE OF TEAM MEMBER



- Change of member fee is non-refundable.
- Fee cannot be regarded as donation and is not tax-deductible.
- Write your team number on the original copy of deposit slip and submit it together with the Change of Team Member Form to Oxfam. Form can be downloaded from website.
- If member is changed from 9 Nov, the form and a fee of HK\$500 in cash for each new member should be submitted on event day.
 Leader in the Open Team Category (those teams registered via lottery) cannot be changed.
- Avoid changing team members in the last month before the event and also at the Start Point.

Oxfam Hong Kong's account

	Bank of China	Hang Seng Bank	
Deposit at a branch	012-874-0-013039-1	284-401080-010	
Direct transfer through ATM or e-Banking	012-074-0-013039-1	204-401000-010	

PRE-EVENT WITHDRAWAL



 Teams wishing to withdraw from the event must give a written notice to Oxfam on or before 26 Aug 2019.

Withdrawal with written notice on or before 26 August	Sponsorship not required
Withdrawal with written notice: 27 August – 8 November	Must raise at least: HK\$3,800 HK\$36,000 (Pledge Team)
Withdrawal from 9 -15 November or absence on the event day	Must raise at least: HK\$7,600 HK\$72,000 (Pledge Team)

COLLECTION OF OTW INFORMATION AND SOUVENIRS



Event information and Souvenirs	Collecting period	Collecting details	Collecting location
Printed Materials Including Information Booklet, A3 poster, Sponsorship Form	Start from 26 August	Printed materials will be available: a. Oxfam Office; or b. Some shops of OTW sponsors (see Table 2) c. Download from OTW website http://www.oxfamtrailwalker.org.hk/useful- documents/	OTW official sponsors: Columbia Protrek Nature's Village
Coupon Booklet	Start from 26 August	Each registered team will have maximum 5 coupon booklets (included 1 pc for support team leader). Team members could collect at Oxfam Office or by authorised person. Teams must show a) Team number and b) Team leader name for confirmation when collecting.	Oxfam Office 9/F., China United Centre, 28 Marble Road, North Point, HK Monday to Friday, 9am-1pm; 2pm-6pm (Sun & Public holidays closed)

COLLECTION OF OTW INFORMATION AND SOUVENIRS



Event information and Souvenirs	Collecting period	Collecting details	Collecting location
Souvenirs for registered team Including 4 sets of OTW cutlery sets, Quick Dry T-shirts (sponsored by Columbia) and AIA souvenirs. (Teams can choose to donate the T-shirts and cutlery sets to Oxfam Hong Kong for fundraising purposes)		Registered teams can collect souvenirs in person or by an authorised person. Please show or provide a) team number and b) Team leader name for confirmation. HKID copy or photo (by mobile phone) must be shown when collecting by an authorised person for confirmation.	Oxfam Office 9/F., China United Centre, 28 Marble Road, North Point, Hong Kong 21-25 October Monday-Friday, 9am-1pm; 2pm-6pm

START TIME AND REGISTRATION TIME



TEAM CATEGORY	TEAM NUMBER	REGISTRATION Time (15 NOV)	START TIME (15 NOV)
Elite Team	8001-8180	07:00-07:45	08:00
Special Team	0001-0300	07:30-09:00	09:30
a. Special Team b. Pledge Team c. Sponsors / Supporting Org. Team	0301-0580	09:30-10:30	11:00
Open Teem	0581-0850	11:00-12:00	12:30
Open Team	0851-1120	12:30-13:30	14:00
Infinity Walker (NEW!)	Teams will be allocated by the Organiser.		

All teams MUST start at designated time and register at least 30-45 minutes before starting.

No team is allowed to change its start time without the prior approval of Oxfam Hong Kong.

SHUTTLE BUS TO START POINT (PAK TAM CHUNG)

無窮世界 World Without Poverty

- Paid Shuttle Bus will be arranged by the Organiser
- Pick-up Points: Mongkok, Tsuen Wan, Diamond Hill, Shatin, Wanchai
- Please refer to your start time when deciding which shuttle to take
- HK\$40 per ticket (HK\$30 by showing "Infinity Walker" App





車號 Route No.	出發地點 Pickup Location	出發時間 Departure Time	預計到達時間 Estimated Arrival Time	隊伍起步時間 Teams' Official Start Time
M1		06:00	07:00	08:00
M2	旺角:洗衣街臺花臣球場外	06:45	07:45	09:30
М3	Mong Kok: Sai Yee Street	08:45	09:45	11:00
M4	(Outside MacPherson Playground)	10:15	11:15	12:30
M5		11:45	12:45	14:00
T1	A CONTRACTOR OF THE PARTY OF TH	06:00	07:00	08:00
T2	荃灣:綠楊坊 (西樓角路·近港鐵站B2/B3出口)	06:45	07:45	09:30
T3	Tsuen Wan: Luk Yeung Galleria	08:45	09:45	11:00
T4	(Sai Lau Kok Road, Tsuen Wan MTR Station Exit B2/B3)	10:15	11:15	12:30
T5		11:45	12:45	14:00
W1		06:45	07:45	09:30
W2	灣仔:灣仔港鐵站A4/B1出口 (近中旅社)	08:45	09:45	11:00
W3	Wanchai: Wanchai MTR Exit A4/B1 [Near China Travel Service (HK) Ltd)	10:15	11:15	12:30
W4	(Mear China Travel Service (MK) Ctg)	11:45	12:45	14:00
D1	鑽石山:荷李活廣場馬莎百貨門口	07:00	07:45	09:30
D2	(鳳徳道)	09:00	09:45	11:00
D3	Diamond Hill: Near Marks & Spencer, Plaza Hollywood	10:30	11:15	12:30
D4	(Fung Tak Road)	12:00	12:45	14:00
\$1		07:00	07:45	09:30
\$2	沙田:排頭街 (港鐵沙田站B出口) Shatin: Pai Tau Street	09:00	09:45	11:00
53		10:30	11:15	12:30
\$4	(Shatin MTR Station Exit B)	12:00	12:45	14:00

START POINT (PAK TAM CHUNG)



Start Point Registration Hall is located at Pak Tam Chung Holiday Camp Sports Pavilion (**Teams must register at least 30-45 minutes before starting. Please be punctual for the registration)





Timing system

TIMING RECORD AT CHECKPOINTS



Display your bib at eye-catching position





Show your bracelet



Team of 4, report to Check-in & Information Tent to be sensed by timing device



Team of 4, must pass the timing device set at exit of CPs

TIMING RECORD START POINT & FINISH POINT OXFAM Hong Kong



Display your bib at eye-catching position







Show your bracelet



Team of 4, report to SP's
Registration Hall/FP's Checkin Tent to be sensed by timing
device



At SP, participants must walk pass a timing mattress at designated Start Time. At FP, walk pass mattress to record finishing time.

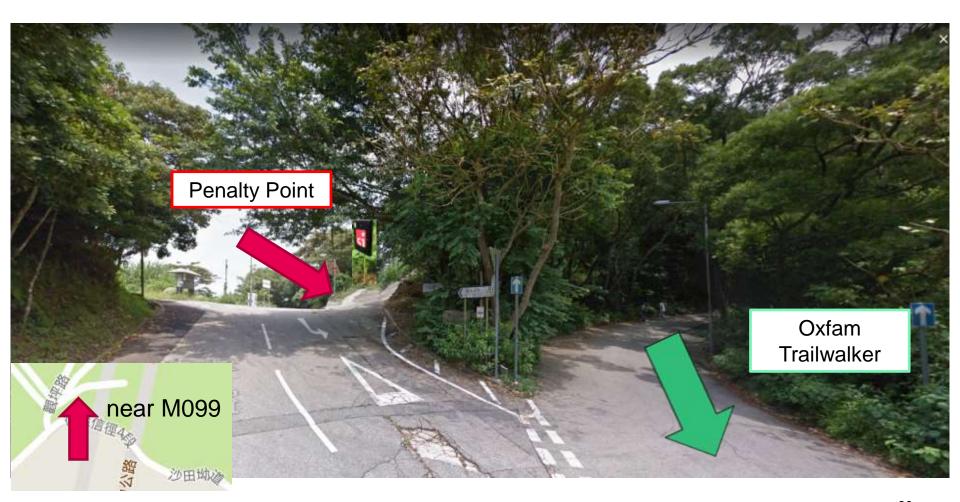
PENALTY POINT



- To ensure the safety and fairness, shortcut is strictly prohibited
- Two Penalty Points will be added:
 - 1) 4p: Between CP4 (Gilwell Camp) and CP5 (Beacon Hill), near M099 (Tiu Tso Ngam near Kwun Ping Road).
 - 2) 9p: Passed CP9 (Kut Hing Bridge), near M175
- Any team having any member of the team found to have passed the Point will have 120 minutes added to the finishing time of the team. If having record at both Penalty Points, 240 minutes will be added to the team.

PENALTY POINT 4P





PENALTY POINT 9P





BE A "GREEN TRAILWALKER"



by Organiser and sponsoring companies along the trail (including Start Point, Finish Point and Checkpoints). If you need hot drinks at checkpoints, please bring your own utensils.





- No disposable cultery will be distributed at CP7 for having cup noodles, please bring your own one.
- Recycle bins will be available at all checkpoints as well. Please make sure you put rinsed plastic bottles and aluminum cans into recycle containers



EVENT DAYS





Before entering the Registration Hall

REGISTRATION – STEP 1



- If you wish to change team member(s), get a "Change of Team Member" form outside Registration Hall, fill in the form and prepare a fee of HK\$500 per member.
 - * Please note: The leader of each team in the Open Category (via lottery) cannot be changed. It is better to confirm all members by 15 Oct free of charge.

Fill in & Sign the Disclaimer and bring it to the SP (will be sent to leaders before early Nov or download it from OTW website).

Collect the Disclaimer at the counter if you don't have a copy.



DISCLAIMER / INDEMNITY FORM



Please ensure names are in correct sequence on Disclaimer / Indemnity form as:

A (leader)
B, C & D (members)

	姓名(請用英文正楷環寫)	手帶	簽名	流動電話
	Name in BLOCK LETTERS	Barcode bracelet	Signature	Mobile phone
隊共 Team Leader		A		
隊員二 Member 2		В		
隊員三 Member 3		C		
隊員四 Member 4		D		

樂施毅行者 OXFAM

Oxfam Trailwalker 2019

Team No.:

1. Disclaimer / Indemnit

I, the undersigned, wish to enter Oxfam Trailwalker 2018. I confirm and agree that I take part in this event entirely at my own risk and responsibility and that I will not hold Oxfam (the Organiser), any sponsor of this event or any organisation or person providing medical, catering, logistical, IT or other support or services for this event (or any director, employee, agent or contractor of any of the foregoing or any person otherwise associated with any of the foregoing) responsible for death or any injury or for any damage to or loss or destruction of property or any other economic loss or for any consequential loss, in any such case arising from any accident or mixhap or otherwise arising from or connected with this event, including, if this happens, after I withdraw from Oxfam Trailwalker 2018 without finishing it, and whether during or after this event, in preparation for it, travelling to or from the or otherwise. I also agree to indemnify or reimburse the Organiser in respect of any additional expenses or costs incurred by the Organiser arising from or in connection with my participation in this event. I acknowledge that the Organiser reserves the right to cancel Oxfam Trailwalker 2018 at any time without prior notice.

Undertaking to raise sponsorship I, the undersigned,

(a) acknowledge that Oxfam Trailwalker 2018 is a fundraising event, that all teams (including those whose registration is confirmed but who do not participate in this event without giving written notice to the Organiser of this event before it starts) must raise at least HK\$7,600 for Oxfam (and that, if my team is a Pledge Team, we must raise at least HK\$72,000) and I confirm and agree (for myself and on behalf of my teammates) that my team will raise the minimum amount or required to be raised by us for Oxfam;

> ised directly or indirectly from my participation in Oxfam Trailwalker 2018 will be paid fill not seek to raise funds for other organisations through my participation in Oxfan

miser reserves the right not to accept me and/or any of my teammates in all future Oxfan o raise the minimum amount required.

ecords will be destroyed and deleted after seven years.

respect of image and voice

knowledge and agree that Oxfam may (without reference to, and without the prior to, any person) use, in any publicity material connected with Oxfam Trailwalker any of Oxfam's websites) or in connection with any of Oxfam's promotional or stograph, film, videotape, record or other reproduction of the image and/or voice of me, fun support team who take part in Oxfam Trailwalker 2018 and its related activities.

ed to collect, store and use my personal data (as defined in the Personal Data (Privacy)
s on one or more forms (including electronic forms) for the purpose of or in connection
(including but not limited to the organization and promotion of and publicity for Oxfam
ach collection, storage and use are lawful in these circumstances. I further agree that
data to its agents, successors, supporting organisations and other related parties for the
"th Oxfam Trailwalker 2018.

5. Participants' medical history

I am medically and physically fit and capable of participating in Oxfam Trailwalker 2018 and have not been otherwise advised by a qualified medical practitioner.

I hereby declare the data and information provided in this form are correct.

	姓名(請用英文正楷填寫)	號碼布及手帶	簽名	流動電話
	Name in BLOCK LETTERS	Number Bib and Bracelet	Signature	Mobile phone
隊長 Team Leader		A		
隊員二 Member 2		В		
隊員三 Member 3		C		
隊員四 Member 4		D		



After entering the Registration Hall

REGISTRATION – STEP 2



- Gather all 4 members, line up to collect:
- 1. Number bibs and Timing devices
- 2. Bracelets
- 3. Energy food coupon









REGISTRATION – STEP 3



- If necessary, hand in the completed Change of Team Member Form and pay HK\$500 in cash for every member changed
- Return the completed and signed "Disclaimer / Indemnity" form at the registration counter and put on your bracelet, number bib and timing device
- Check and make sure information showing on tablet are correct
- Please put your number bib in front of your chest and take a team photo
- Registration DONE
- Before leaving the hall, volunteers will scan your timing device to confirm they are functioning. Timing officials will help you change any damaged chip to ensure a smooth timing record along the trail



BEFORE START, YOU CAN...



- Refill Water (bring your own water bottle/ water bag)
- Redeem Energy Food
 - Each walker has 2 bars & 1 gel











BE KIND TO THE ENVIRONMENT



- All CPs are non-smoking areas
- Make use of the recycle bins
- Your team number will be marked on the energy food packaging and bottled water

If cleaning volunteers/workers find these items on the trail, the team number and members' names will be posted on the

Oxfam Trailwalker website



START AREA





THE CHECKPOINTS (CP)



CP1 – SAI WAN VILLAGE



Close at 21:00, Friday First Aid Toilet





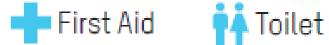


CP2 – PAK TAM AU

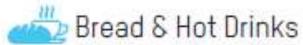




Close at midnight, Saturday











FREE SHUTTLE BUS SERVIC



Commuting between the barrier at Pak Tam Chung (Start) and CP2 (Pak Tam Au)

Frequency: 40 mins

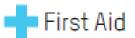
From 12:00 (at Pak Tam Chung) to 22:00 (at Pak Tam Au) on Friday, 15 Nov



CP3 – KEI LING HA



Close at 07:00, Saturday











- NO vehicles are allowed to access CP3 directly
- Loading/ Unloading/ Parking is NOT allowed around the entrance of this checkpoint
- The car park near Shui Long Wo (next to CP3) will be closed and allows only dropping off of passengers and goods.





Photos on event day





CPs can be very crowded, so please be patient.

CP4 – GILWELL CAMPSITE



Close at 15:00, Saturday









Chinese soup/snack will be provided during peak hours



CP4 – GILWELL CAMPSITE SHATIN PASS – TEMPORARY TRAFFIC CONTROL (KWUN PING ROAD)





CP4 – GILWELL CAMPSITE SHATIN PASS – TEMPORARY TRAFFIC CONTROL (LION PAVILION)



There will be traffic control from Lion Pavilion (near MacLehose Trail Distance Post M101) to the intersection of Jat's Incline and Fei Ngo Shan Road Only loading / unloading will be allowed within the designated zone.



SHATIN PASS – TEMPORARY TRAFFIC (2) **CONTROL IN 2017**



無窮世界 Without Poverty









CP5 – BEACON HILL



Close at 17:00, Saturday First Aid in Toilet







BEFORE ARRIVE CP6



Trailwalkers & Support Crews must use footbridge to cross Tai

Po Road



CP6 - TEMPORARY TRAFFIC ARRANGEMENTS



Golden Hill
Road (Kam
Shan Road) will
be temporarily
closed during
the event





If driving is unavoidable, please park at the public car park at Tai Po Road (Piper's Hill), then walk about 3km to CP6 support area



CP6 - SMUGGLERS RIDGE RIFLE RANGE



Close at 21:00, Saturday











 Udon and Rice Ball will be provided during peak hours while stocks last









CP7 – LEAD MINE PASS



Close at 01:00, Sunday











PART OF THE MACLEHOSE WAS CHANGED BY AFCD IN 2009



Trailwalkers will follow the OLD trail = walk from M153 along Tai Mo Shan Road (vehicular) to CP8

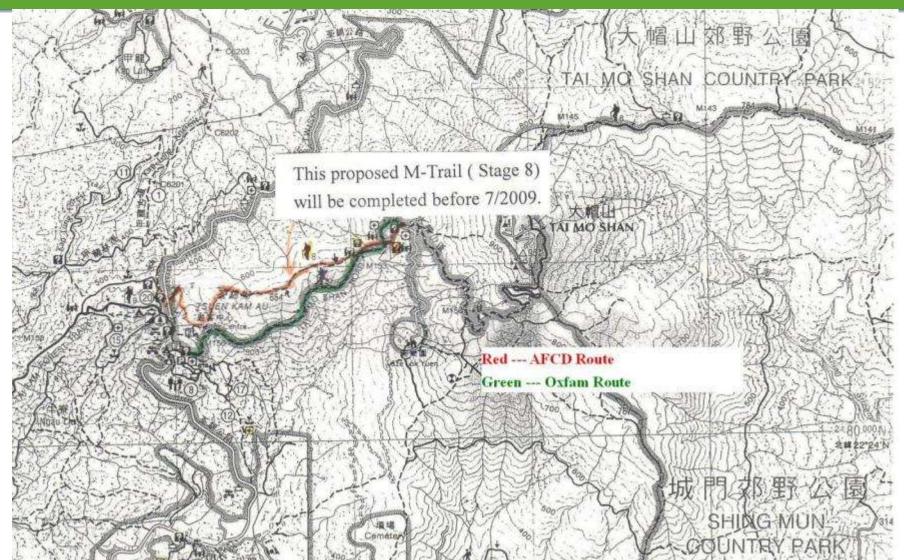






PART OF THE MACLEHOSE WAS CHANGED BY AFCD IN 2009





CP8 - TAI MO SHAN



Close at 07:00, Sunday



ROAD CLOSURE AT CP8



Please note that Tai Mo Shan Road will be closed during the event

NO support teams' vehicles are allowed to access Tai Mo Shan

Road



ROAD CLOSURE AT CP8



Support teams are strongly advised NOT to drive to CP8. Illegal parking will be booked or towed by Police.



PARKING/ SHUTTLE ARRANGEMENT AT CP8



- A free shuttle bus will be provided by Oxfam Hong Kong to run between Tsuen Wan MTR Station and the CP8 support area during peak hour
- From 16:00, 15 Nov to 23:00, 16 Nov

Support Team Shuttle Bus Pick-up Point in Tsuen Wan



CP9 – TAI LAM CHUNG RESERVOIR

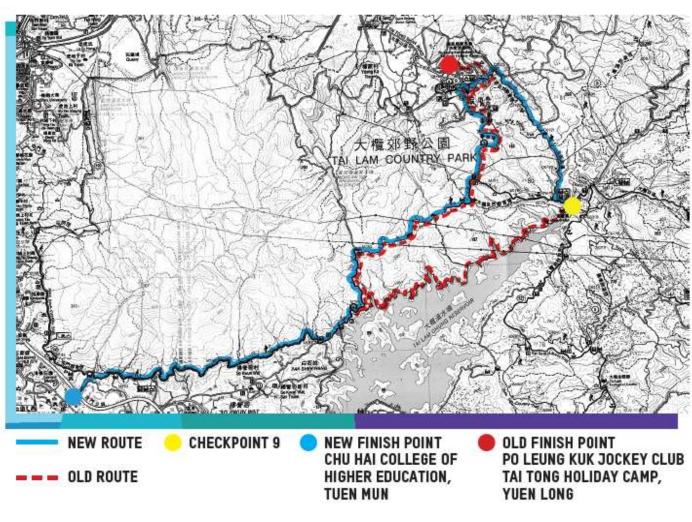




CP9 (TAI LAM CHUNG RESERVOIR) TO FINISH POINT



Revised route: Before passing distance post M175, it leaves the MacLehose Trail, turns right and follows the **Yuen Tsuen Ancient** Trail all the way to Tai **Tong Barbecue Site** (C6119 to C6124). The route then turns left onto the Tai Lam **Forest Track and** makes its way back to the MacLehose Trail. where it runs from distance post M178 to M193. It finally passes through Tsing Ying Road and ends at Chu Hai College of Higher Education.



CP9 → FINISH POINT



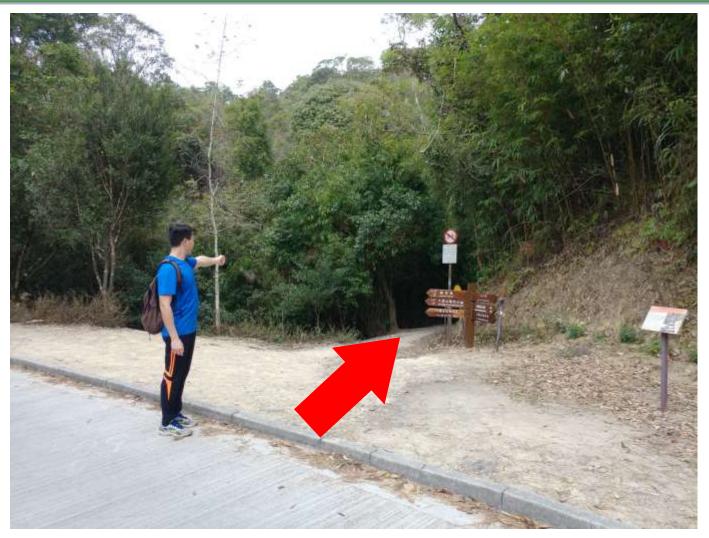
Follow M Trail to Yuen Tsuen Ancient Trail



CP9 → FINISH POINT



Follow M Trail to Yuen Tsuen **Ancient Trail** (before M175 > C6119 junction), turn right to Yuen Tsuen **Ancient Trail**







After Distance Post M174
Participants follow the MacLehose Trail after checking in at CP9.



Junction between Distance Post C6119 and M175

Turn right at the entrance of Yuen Tsuen Ancient Trail C6119 and head to Tai Tong Barbecue Site.





Move along Yuen Tsuen Ancient Trail (C6119 - C6124)

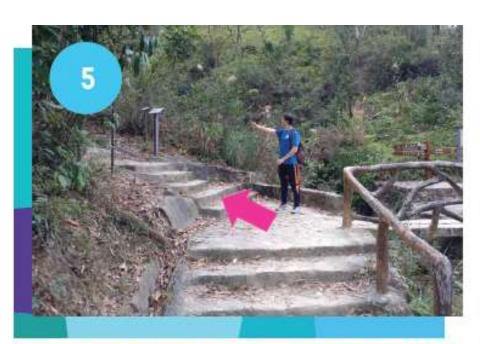
Follow the directions to Tai Tong Nature Trail at the junction.



Move along Yuen Tsuen Ancient Trail (C6119 - C6124)

Follow the directions to Tai Tong Nature Trail at the junction.





Move along Yuen Tsuen Ancient Trail (C6119 - C6124)

Follow the directions to Tai Tong Nature Trail at the junction.



Move along Yuen Tsuen Ancient Trail (C6119 - C6124)

Follow the direction heading to Tai Tong Barbecue Site at the junction.





Turn left to Tai Tong Shan Road then go upward to the Tai Lam Forest Track after reaching Tai Tong Barbecue Site.



Follow the Tai Lam Forest Track and turn right at the junction, then follow the MacLehose Trail to M178 and move on to M193.





Between Distance Post M193 and M194

Move along Section 10 of the MacLehose Trail, turn left to the gate after about 320m pass Distance Post M193.



Head to Tsing Ying Road by taking the big stairs down.





At the end of the stairs, turn right and walk 600m. The Finish Arch will be found at Chu Hai College of Higher Education.

Please keep quiet, especially at night and in the early hours of the morning, as the path is close to residences.



Cross the finish line at Chu Hai College of Higher Education.



Crossing the Finish Line~

樂施會 OXFAM Without

CROSSING THE FINISH LINE





CROSSING THE FINISH LINE

樂施會 OXFAM Hong Kong

無窮世界 World Without Poverty



AFTER WALKING THE 100KM TRAIL...











FINISH POINT — CHU HAI COLLEGE OF HIGHER EDUCATION 與於 Mens Kong Kong Kong





CHECK IN AT FINISH TENT

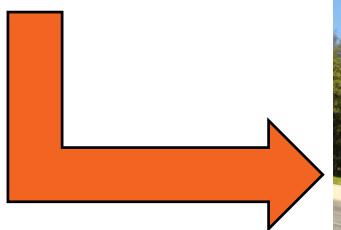




TO FINISH HALL







FINISH POINT ARRANGEMENTS



- The Finish Time is determined by the arrival time of the last member of the Team.
- After crossing the Finish Arch, show your number bibs and bracelets to the officials at Finish Tent.









RECEIVING CERTIFICATE



- 30 minutes after checking-in at FP, teams can collect certificates at the "Certificate Counter" then leave FP, OR
- Register with Counter staff to wait for going on stage to be presented certificates by our guests
- The Organiser may verify timing record with teams, please cooperate





FINISH CERTIFICATE





FINISH POINT FACILITIES



- Drinks
- Bread (limited supply)
- Food Kiosk (at own cost)
- Information Desk and Souvenirs Counter
- Certificate Presentation
- First Aid
- Free Shuttle Bus (7am, Saturday to 7am, Sunday)





FACILITY NEAR FP – SHOWER (CAFETERIA OLD BEACH)









Take stairs to Cafeteria Old Beach

FACILITY NEAR FP — ACCOMMODATION (HK GOLD COAST HOTEL)



- Premium Booking Offer for Oxfam Trailwalker
- Period: 12-19 November 2019
- Room category: Deluxe Seaview Room (Twin Beds)*
- Price: HK\$980 (Sun-Fri) / HK\$1,080 (Sat) (plus a 10% service charge)
- *50 rooms will be reserved for this special offer; available on a firstcome, first-served basis
- Offer deadline:30 September



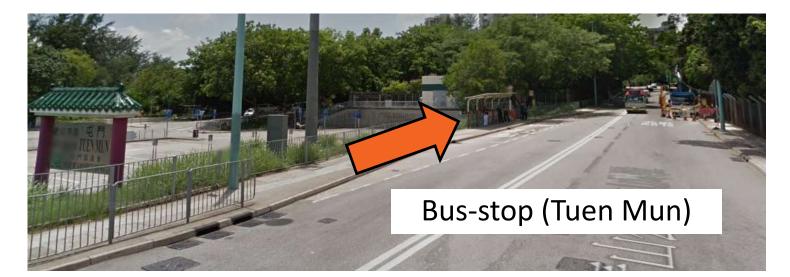


FACILITY NEAR FP – BUS / MINI-BUS TO HK ISLAND / KLN / TUEN MUN





Mini-bus (140M to Maritime Square @ Tsing Yi)

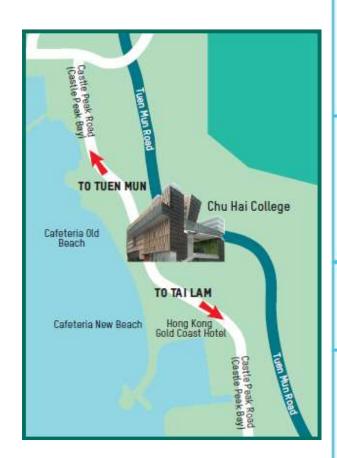


TRANSPORTATION TO THE FINISH POINT

2

Please note:

As there is a lack of public parking and parking facilities at the FP, Chu Hai College, the **Organiser Strongly** encourages everyone to use public transport to travel to the Finish Point to avoid traffic congestion. The **Organiser hops to** have your cooperation so as to miniise the inconvenience made to the local residences. We appreciate all your support and understanding!



ALIGHT AT CAFETERIA BEACH

BUS > MTR FEEDER BUS	962, 962B From Kowloon to Tuen Mun: 52X, 252B, 261B From NT / Lantau to Tuen Mun: 53, 61M, K51, K53, A33
MINI BUS (GREEN)	Ho Pong Street, Tuen Mun < > Cafeteria Beach: 43, 43B, 43S From Mini Bus Station at Tsing Yi MTR Station: 140M (Maritime Square < > Cafeteria Beach)
MINI BUS (RED)	Parkes Street in Jordan < > Tuen Mun & Yuen Long
TAXI	Chu Hai College <> Tsuen Wan MTR Station (fee: around \$140) Chu Hai College <> Tsing Yi MTR Station (fee: around \$190) Chu Hai College <> Tuen Mun MTR Station (fee: around \$40)

From HK Island to Tuen Mun:

FREE SHUTTLE BUS SERVICE



Route: between the Finish Point and Tsuen Wan West MTR Station (pick up point details will be announced later)

Service hours

FP > Tsuen Wan West MTR Station	From 7am, 16/11 (Sat) to 7am, 17/11 (Sun)
16/11, 07:00 — 14:00	Every 30 minutes
16/11, 14:15 — 17/11, 02:00	Every 15 minutes
17/11, 02:30 — 07:00	Every 30 minutes

Tsuen Wan West MTR Station > FP	From 7:30am, 16/11 (Sat) to 7am, 17/11 (Sun)
16/11, 07:30 – 14:00	Every 30 minutes
16/11, 14:15 – 17/11, 02:00	Every 15 minutes
17/11, 02:30 – 07:00	Every 30 minutes

CHECKPOINTS' FACILITIES





WHEN YOU ARRIVE A CP

Register together at each Checkpoint before closing time



CP FACILITIES



- First Aid Station
- Toilet
- Professional services at specified hours
 - Physiotherapy (CP4 & CP8)
 - Podiatry (CP8)
 - Chinese Medicine Tui-Na massage (CP4 & Finish Point)
 - Theragun massage device (CP4 & Finish Point)



CP Facilities – Food & Water



Location	Water (in dispenser)	Hot Drink / Cereal #	Soup	Bread	Chinese Soup & Siu Mai	Cup Noodles	Fruit	Udon Jap- anese Rice Balls *	800 ml Bottled Water	Tri-go Bar & Energy Gel / Energy drink *	Pocari Sweat (in dispenser)
START POINT	•									8 packs of Bars & 4 packs of Gel for each team	
CP1									•		
CP2	•	•	•	•			•				•
CP3	•	•	•	•							
CP4	•	•	•	•	•						
CP5	•	•	•	•			•				
CP6	•	•	•	•				•		Energy Drink	
CP7	•	•	•	•		•					
CP8	•	•	•	•			•				
CP9	•	•	•	•							
FINISH POINT	•	•	•	•							

 No paper cup or disposable utensil will be provided by Oxfam. Please bring your own water bottle, container and utensil.

^{*} Only served at a certain time while stocks last



WATER POINTS

LOCATION	LOCATION DETAILS	OPENING HOURS		
At the end of the High Island Reservoir East Dam	Close to distance post M018, between the Start Point and CP1	09:00 - 20:00, 15 November		
Near the round-about at the foot of Needle Hill	Close to distance post M130, between CP6 and CP7	From 15:00, 15 November to 01:00 on 17 November		



WITHDRAWAL DURING THE EVENT



At CPs:

- report the withdrawal → cut the bracelet, remove timing device → get the drop out certificate
- continuing walkers to keep the Drop-out Certificate and show it at subsequent CPs

Between CPs:

- call the emergency number
- pass your bracelet, number bib and timing device to the continuing team members for the completion of the drop-out procedure at next CP

Please note:

- CP1, 5, 6, 7 and 9 is not accessible by public transport (think twice!!!)
- ➢ If 2 or more members have withdrawn, the rest of the members should walk with other team for the rest of trail



^{*} Participants are strongly advised to leave the trail as soon as possible after withdrawing from the event

SAFETY MEASURES



SAFETY MEASURES



- Take good care of yourself!!
- Take good care of your teammates!!
- Bring fully-charged mobile phone (smart phones run out of battery quickly) / torch
- Always display your number bib to identify yourself as Trailwalker
- Before you attempt to overtake, please choose a safe section, and Say "hello", "please...", "thank you".....

BE FAMILIAR WITH ROUTE



- Know the route well yourself
- Follow the route
- Take note of the posts/signages, their location & numbering (M001-M174, Yuen Tsuen Ancient Trail C6119-C6124, M178-M193)





樂施會 OXFAM Hong Kong | 無窮世界 World Without Poverty

IN CASE OF EMERGENCY

- Stay calm
- NEVER leave an individual unattended
- Assist the injured to the nearest CP for assistance
- If walker cannot move, call emergency number imprinted on the bracelet. Quote the nearest distance post/ signage, your team number, state of injury & phone number
- If you call 999, quote that you are an Oxfam Trailwalker

HANDLING SPONSORSHIP & ONLINE DONATION



SPONSORSHIP AND RECEIPTING



- All teams (including those which withdraw without a written notice / are absent / withdraw on the event day) must raise a minimum of HK\$7,600 in sponsorship (except for pledge teams, which must raise a minimum of HK\$72,000)
- Oxfam Hong Kong reserves the right not to accept applications for future Oxfam Trailwalker events from any members of a team which has failed to raise the minimum required sponsorship
- Team leaders/coordinators should provide the names of your sponsors for tax deduction purposes and submit the donations by 17 Dec 2019.
- Please provide the names of your sponsors for tax deduction purposes

SPONSORSHIP AND RECEIPTING

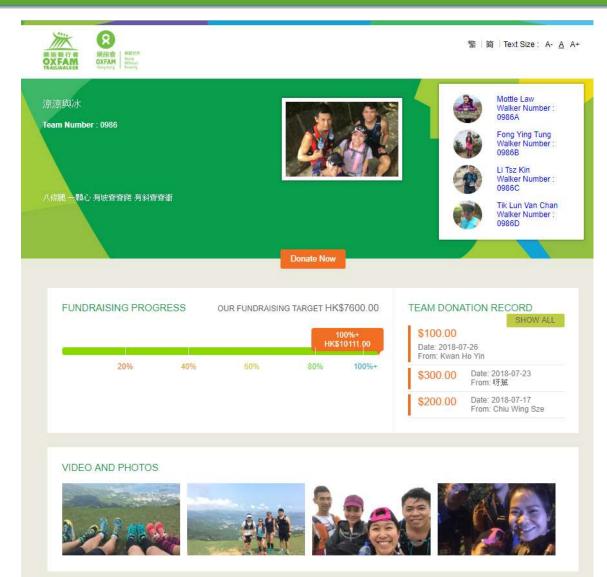


Donation Methods

Fundraising Team Page	Donors print out tax-deductible receipts themselves
Bank Account	Submit original deposit slips and sponsorship form to Oxfam
Remittance	Submit original deposit slips and sponsorship form to Oxfam
Cheque	Made payable to 'Oxfam Hong Kong'; submit sponsorship form to Oxfam

FUNDRAISING TEAM PAGE





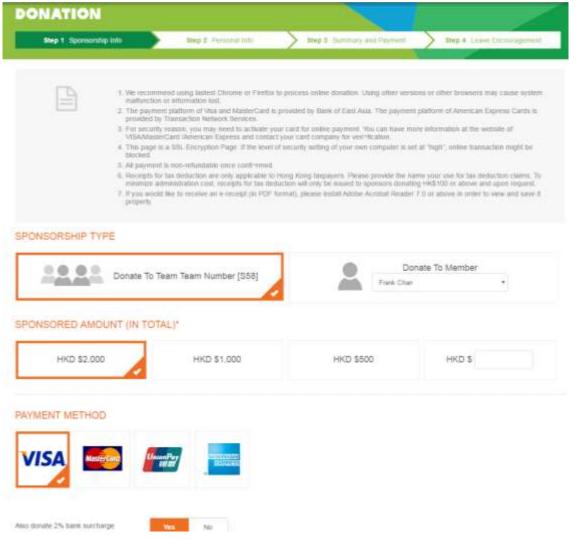
Once your team completed registration, a fundraising team page will be available

Team can add introduction, photos & videos, hence supporters get to know more about the preparations of the team.

Sponsors and supporters can leave encouragement Messages!!

FUNDRAISING TEAM PAGE





Online Donation accepts

- VISA
- MASTER CARD
- UNION PAY
- AMERICAN EXPRESS

Each transaction can be composed of a maximum 5 donations from sponsors. E-receipts will be issued to the payer.

Issued e-receipt cannot be changed. Make sure you have correct sponsor names.

ONLINE DONATION



- Safe and Quick
- Get e-receipt immediately (for HK taxpayers only)
- Sponsor and leave encouragement
- To reduce administration cost, sponsors can choose to pay the bank charge for Oxfam Hong Kong
- Recommend using Internet Explorer 9+, Firefox, Safari or Chrome

OUTSTANDING ONLINE FUNDRAISER AWARD



•2007: HK\$500,048

•2008: HK\$264,957

•2009: HK\$268,668

•2010: HK\$408,156

•2011: HK\$494,048

•2012: HK\$311,200

•2013: HK\$298,000

•2014: HK\$323,104

•2015: HK\$855,111

•2016: HK\$452,993

•2017: HK\$453,099

•2018: HK\$411,435



Help save the earth, reduce printing, donate online

BANK ACCOUNT



- Please deposit the donation to the following Oxfam Hong Kong's account and send the original copy of the deposit slip to Oxfam Hong Kong on or before 17 Dec 2019.
- Please make a photocopy of your deposit slips as a record of your donations being paid into the Oxfam Hong Kong account. Do not destroy them until you have received all the receipts.
- The fundraising amount of each team would be uploaded to Oxfam Trailwalker website www.oxfamtrailwalker.org.hk

CHEQUE

- Cheques should be made payable to "Oxfam Hong Kong". Please write "Oxfam Trailwalker 2019", your team number and your English full name on the back of all cheques.
- Please send the cheques together with the sponsorship forms to Oxfam Hong Kong by post

樂施毅行者OXFAM TRAILWALKER 2019 贊助表格SPONSORSHIP FORM

www_oxfamtrailwalker_org_hk f oxfamtrailwalkerhk 2520 2525



- 請以英文正權填寫贊助人報稅用的姓名。
- 為節省行政開支,捐款港幣100元或以上的贊助人方可要求印發退税收據。
- 如需收據作報稅之用,請在「收據」─欄加上√號。
- 記時提供不符,請盡早通知樂施會。
- ※的贊助表格連同與贊助總額對第的支票、銀行存款正本或網上轉展 示」列印本以郵客或銀身號交方式交回樂施會 (香港北角馬會道28號 **事匯中心17樓**),信封面請註明「**樂施穀行者2019捐款表格」**及隊伍編號。
- To minimize administrative costs, receipts for tax deductions will only be issued to sponsors who donate HK\$100 or above and upon request.
- If you need a receipt for tax deduction purposes, please put a ✔ in the "Receipt" box. Receipts for tax deduction purposes will be sent to the team member marked on the form or the corporate coordinator. If your mailing address is different from the one provided during the registration period, please contact Oxfam Hong Kong.
- Please submit the Sponsorship Form, with the amount equivalent to the sponsorship to Oxfam Hong Kong by cheque, bank deposit slip or a printed copy of the online transfer Acknowledgement Note by post or by hand (17/F, CHINA UNITED CENTRE, 28 MARBLE ROAD, NORTH POINT, HONG KONGL Please write 'OXFAM TRAILWALKER 2019 SPONSORSHIP FORM' and your team number on the envelope.

医伍编数 Team No.:	聯絡電話 Tel;:	
		* 請屬出適當者
t加者姓名 Team Member's Name:	*隊員 Member [A/B/C/D]	Please circle the appropriate one
		- spp. sp. series

		贊助金額 Sponsorship [HK\$]			已付
責助人姓名(英文正權) Sponsor's Name (in BLOCK LETTERS)	定額 Fixed Amount (A)	完成獎勵 Finish Bonus (B)	合共贊助額 Sub=Total (A) + (B)	收據 Receipt	
C H A N S 1 U M 1 N G	\$1,000	\$800	\$1,800	✓	√
1					
2					
3					
4					
5					
6					
7					
8					
9					Г
10					Г
11					
12					
13					
14					
15					
16					
17					\vdash
18					
					\vdash
19					
20	總額 Total:				_

If you need more sponsorship forms, please download them from www.oxfamtrailwalker.org.hk

Principal Spanso





FUNDRAISING AWARDS

Fundraised	Awards
≥\$36,000	 Reserved team slot at OTW2020 Asia Miles (100,000 Asia Miles x 10 teams) Dah Chong Hong Food Mart Coupon (HK\$4,000 x 10 teams)
≥ \$72,000	- Team name will be acknowledged in the website and Thank you Advertisement (Feb 2020)
≥ \$100,000	Oxfam Trailwalker Outstanding Fundraiser Award
≥ \$200,000	Eligible to compete for Category Fundraising Awards

GREEN4 TRAILWALKER



樂施會 OXFAM Hong Kong Poverty

GREEN4 TRAILWALKER

- As the organizer of OTW, Oxfam would like to engage all stakeholders to protect the environment together with us.
- Teams are invited to email to Oxfam to apply to become a "Green⁴ Trailwalker" Team.
- A special mark will be printed onto the finishing certificate of walkers who have applied to become a "Green⁴ Trailwalker" and have completed the 100km of Oxfam Trailwalker (individual walker also included)
- All qualified "Green⁴ Trailwalker" teams and members' name will be listed on OTW website → "What's News"

BECOME A GREEN⁴ TRAILWALKE World Without Poverty

- Do any 4 actions of the following during practices and/or event days to qualify as a "Green⁴ Trailwalker"
 - Take record of the 4 actions (photos/videos)
 - Email to apply together with the record: otwinfo@oxfam.org.hk
- 1) Bring your own cup/container for hot drink and soup
- 2) Bring your own cutlery
- 3) Take your empty soft drink bottles/cans to our recycle bins
- 4) Take litters on trail back to checkpoint
- 5) Be a green support team no single-use plastic
- 6) Picking CP1 (Sai Wan) bottles to CP2 (Pak Tam Au) for recycling
- 7) Do not waste food plan what you will eat in advance and take surplus food home
- 8) Take public transport instead of driving private vehicles to reduce carbon footprint
- 9) Eat more vegetables than meat during preparing for and joining OTW

BECOME A GREEN⁴ TRAILWALKE World Without Poverty

1) Bring your own cup/container for hot drink and soup







2) Bring your own cutlery



BECOME A GREEN⁴ TRAILWALKE Name | 無窮世界 World Without Poverty

3) Take your empty soft drink bottles/cans to our recycle bins







Hong Kong

4) Take litters on trail back to checkpoint











CP2



5) Be a green support team – no single-use plastic



Photo credit: The Green Earth





6) Picking CP1 (Sai Wan) bottles to CP2 (Pak Tam Au) for recycling









7) Do not waste food – plan what you will eat in advance and take surplus food home





Photo credit: The Green Earth

無窮世界 World Without Poverty

8) Take public transport instead of driving private vehicles to reduce carbon footprint



BECOME A GREEN⁴ TRAILWALKE World Without Poverty

9) Be a plant-based walker





AIA VITALITY DARE TO CHALLENGE AWARD



AIA VITALITY DARE TO CHALLENGE AWARD



- Team award established by AIA
- To reward the teams who join Oxfam Trailwalker for the first time and demonstrate the highest motivation and determination to complete the event
- The winning team will receive HK\$5,000 in cash
- Meanwhile, AIA will donate
 HK\$50,000 to Oxfam to support
 our poverty alleviation
 programmes and emergency relief
 work around the world



AIA Vitality - Dare to Challenge Award Winner of 2018: **HIT**

ELIGIBILITY & APPLICATION



- All four team members must be new to OTW
- Online application available until Oct 15.
- Official confirmation will be received one week after application submitted.
- Upload your team story about preparing for OTW to Facebook Page
- No less than 5 sharings, including texts, images & video, with the following contents:
 - Trainings
 - Diet
 - Amount of exercise
 - Physical and mental changes
- Full-team complete the entire 100km trail
- Winner will be decided in December and announce in January 2020
- Team invitation of OTW2020

Online Application



Please email to OTW Info to apply: otwinfo@oxfam.org.hk

- Is this your first OTW experience?
- What's your target?
- Why do you join OTW?
- How is your training plan?
- How will you change your life style?
- Will you share your preparations on Facebook / Instagram?
- Link to your Facebook Page / Instagram







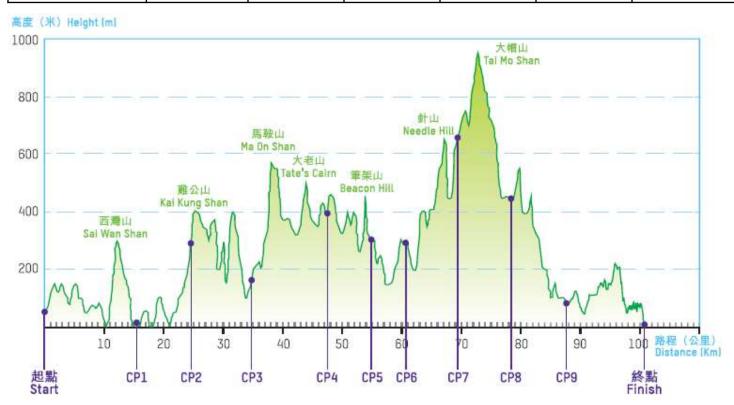




YEAR RECORDS OF COMPLETION



	2012	2013	2014	2015	2016	2017	2018	2019
Completed in full team	69%	75%	73%	71%	74%	71%	72%	?
Completed in individual	84%	90%	88%	88%	89%	87%	87%	?



Complete 23 hills and ascend 4,550m

Thank you for supporting Oxfam











Let it Bee

Education for Women &





Make Children's Dream Come True

Thank you again for joining Oxfam Trailwalker to help build a

World without Poverty!

125

"When you are really passionate about something, all beings in the universe will converge to help you achieve it."

— Paulo Coelho, The Alchemist



When you have the least expectations, everything falls into place.



OXFAM TRAILWALKER 2017

SUPPORTERS' VISIT TO OXFAM'S LOCAL PROJECTS





