



LOVE THE ENVIRONMENT

There will be over 10,000 participants, support team members and volunteers on the MacLehose Trail and other paths during the Oxfam Trailwalker event. To protect the wildlife and natural environment, here are some low carbon tips for you to consider:

Do not litter; bring your rubbish to urban areas for disposal and try your best to reduce waste.



- Water is one of the most valuable resources on earth, so please consume water responsibly. For example, do not use drinking water provided at the CPs to wash your body or hair.
- Both BPA-free and stainless steel bottles are safer and more reliable. It is recommended that you use these as water containers instead of plastic bottles.
- Participants should be fully equipped for the Oxfam Trailwalker challenge. When selecting sportswear, it is recommended that you opt for products made from recycled materials. A lot of sportswear manufacturers are implementing the idea of environmental protection into their product designs, so do try to ask for more information when making your purchase.
- Nuts, cereals and soy products are ideal low carbon products. Not only can they provide extra energy and amino acids, their proteins are also readily absorbed by the human body.
- Please use public transport to travel to the Start Point and the support areas. This saves you money and reduces gas emissions to make our environment greener!

Special thanks to SGS for providing the above tips.





GREEN TRAILWALKER

We believe you, being lovers of the great outdoors, will support our call to reduce waste.

Tips on minimising waste

- Plan your journey. **Good planning can minimise the generation of waste.**
- Reduce the use of disposable items.



Three ways to go green

1. Remember to bring your own bottle / container if you would like to enjoy the drinks we will provide during the event.

Disposable cups will not be provided at the Start Point, Finish Point or any of the CPs. Participants are highly encouraged to bring their own bottles / cups / containers to enjoy the drinks and food we provide.

To reduce plastic waste, we will only provide bottled water for participants at CP1 (Sai Wan). Water dispensers will be available at the Start Point, Finish Point and other CPs. Please make sure you have a bottle / container that you can use along the trail.

2. Support our recycling initiatives. Reduce landfill waste.

A recycling station will be set up at each CP to collect empty plastic bottles and aluminium cans. Green ambassadors will be stationed at designated CPs to facilitate clean recycling. Please empty your containers before recycling them and do not put other waste into these recycling bins.

3. Take your litter home.

Energy food and energy bars will be distributed. Our working personnel will mark each team's number on all food packaging and water bottles provided by the Organiser. If cleaning workers / volunteers find these items discarded on the trail, the team number and member's names will be posted on the Oxfam Trailwalker website.

Please take care of your belongings (including your litter)!



Disposable cups are rarely recyclable and can negatively impact the environment.



On average, 6.32 million PET bottles are sent to our landfills every day (measured by weight). It takes over 100 to 450 years for a bottle to decompose.



Please bring your own cup during the event.

Love the environment. Support a Green Trailwalker!

The above information was provided by The Green Earth.





DISCLAIMER (Original to be signed at the Start Point)

1. Disclaimer / Indemnity

I, the undersigned, wish to enter Oxfam Trailwalker 2018. I confirm and agree that I take part in this event entirely at my own risk and responsibility and that I will not hold Oxfam (the Organiser), any sponsor of this event or any organisation or person providing medical, catering, logistical, IT or other support or services for this event (or any director, employee, agent or contractor of any of the foregoing or any person otherwise associated with any of the foregoing) responsible for death or any injury or for any damage to or loss or destruction of property or any other economic loss or for any consequential loss, in any such case arising from any accident or mishap or otherwise arising from or connected with this event, including, if this happens, after I withdraw from Oxfam Trailwalker 2018 without finishing it, and whether during or after this event, in preparation for it, travelling to or from it or otherwise. I also agree to indemnify or reimburse the Organiser in respect of any additional expenses or costs incurred by the Organiser arising from or in connection with my participation in this event. I acknowledge that the Organiser reserves the right to cancel Oxfam Trailwalker 2018 at any time without prior notice.

2. Undertaking to raise sponsorship

I, the undersigned,

- (a) acknowledge that Oxfam Trailwalker 2018 is a fundraising event, that all teams (including those whose registration is confirmed but who do not participate in this event without giving written notice to the Organiser of this event before it starts) must raise at least HK\$7,600 for Oxfam (and that, if my team is a Pledge Team, we must raise at least HK\$72,000) and I confirm and agree (for myself and on behalf of my teammates) that my team will raise the minimum amount so required to be raised by us for Oxfam;
- (b) undertake that all funds raised directly or indirectly from my participation in Oxfam Trailwalker 2018 will be paid in full to Oxfam and that I will not seek to raise funds for other organisations through my participation in Oxfam Trailwalker 2018;
- (c) acknowledge that the Organiser reserves the right not to accept me and/or any of my teammates in all future Oxfam Trailwalker events if we fail to raise the specified minimum amount.
- (d) all collected sponsorship records will be destroyed and deleted after seven years.

3. Agreement to grant rights in respect of image and voice

I, the undersigned, hereby acknowledge and agree that Oxfam may (without reference to, and without the prior approval of, or any payment to, any person) use, in any publicity material connected with Oxfam Trailwalker (including but not limited to any of Oxfam's websites) or in connection with any of Oxfam's promotional or fundraising activities, any photograph, film, videotape, record or other reproduction of the image and/or voice of me, my teammates or members of my support team who take part in Oxfam Trailwalker 2018 and its related activities.

4. Participants' personal data

I agree that Oxfam is permitted to collect, store and use my personal data (as defined in the Personal Data (Privacy) Ordinance) as provided by me on one or more forms (including electronic forms) for the purpose of or in connection with Oxfam Trailwalker 2018 (including but not limited to the organisation and promotion of and publicity for Oxfam Trailwalker 2018) and that such collection, storage and use are lawful in these circumstances. I further agree that Oxfam may pass my personal data to its agents, successors, supporting organisations and other related parties for the purpose of or in connection with Oxfam Trailwalker 2018.

5. Participants' medical history

I am medically and physically fit and capable of participating in Oxfam Trailwalker 2018 and have not been otherwise advised by a qualified medical practitioner.



MERCHANDISE

Oxfam Trailwalker 2018 Merchandise

There are countless people living in poverty, and they really need your support. Besides participating in or supporting the Oxfam Trailwalker, you can purchase merchandise which will be available in August. Funds raised are used to empower underprivileged people and to support development programmes in Hong Kong, other parts of Asia and Africa.

Quick Dry T-shirt
HK\$120

Pin
HK\$10

Number Cloth Button
HK\$40

Stainless Steel Water Bottle
HK\$80

Multi Function Knife
HK\$80

Tote Bag
HK\$50

Stainless Steel Cup
HK\$60



Contact Oxfam

For further information, please contact:

Oxfam Hong Kong Office

9/F, China United Centre, 28 Marble Road, North Point, Hong Kong
(Opening Hours: 9 am – 1 pm & 2 pm – 6 pm, Monday – Friday)

E-mail: otwinfo@oxfam.org.hk

Tel: 2520 2525

Fax: 2527 6213

Oxfam Shop

LG8, Jardine House, 1 Connaught Place, Central, Hong Kong

(Opening Hours: Mon – Fri 11:30 am – 7:30 pm, Sat 11:30 am – 3:30 pm, Sun & holidays closed)

Oxfam Trailwalker

 www.oxfamtrailwalker.org.hk

 [OxfamtrailwalkerHK](https://www.facebook.com/OxfamTrailwalkerHK)

Oxfam Hong Kong

 www.oxfam.org.hk

 [OxfamHongKong](https://www.facebook.com/OxfamHongKong)



無窮世界
World
Without
Poverty



HISTORY OF OXFAM TRAILWALKER

1981

50

Trailwalker was originally a fundraising event that challenged the strength and endurance of the Gurkha soldiers. Teams of ten soldiers were required to finish the entire course in 24 hours. It raised HK\$80,000 that year; part of the funds were used to subsidise the building of a library in a poor village in Nepal and the rest was donated to the Spastics Association of Hong Kong.

1982



The Falklands War broke out, so no Trailwalker was held.

1983

45

1984

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1985

55

The Gurkhas invited five civilian teams to join Trailwalker. This was the first time non-military teams could participate in the event.

1986

100

- Oxfam and the Gurkhas jointly organised Trailwalker for the first time; Oxfam obtained one-third of the donations.
- Having fully opened the event to the general public for the first time, Trailwalker saw 69 Gurkha and 31 civilian teams join it. In the end, a civilian team claimed the championship.

1987

166

The Organiser introduced two start times for the first time: one in the daytime and the other in the evening. Governor Wilson officiated the event as the Guest of Honour.

1988

228

1989

305

Seventy-five Gurkha and 230 civilian teams participated in the event – this was the first time there were more civilian teams than military teams.

1990

419

1991

480

Hong Kong Telecom provided telephone services by installing cables along the trail, which allowed better communication in comparison with the Gurkhas' VHF radios in the past.

1992

584

Barcode scanning was adopted, which allowed the Organiser to keep track of participants' locations during the event.

1993

600

1994

609

1995

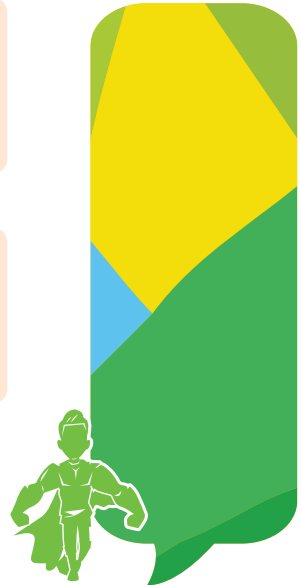
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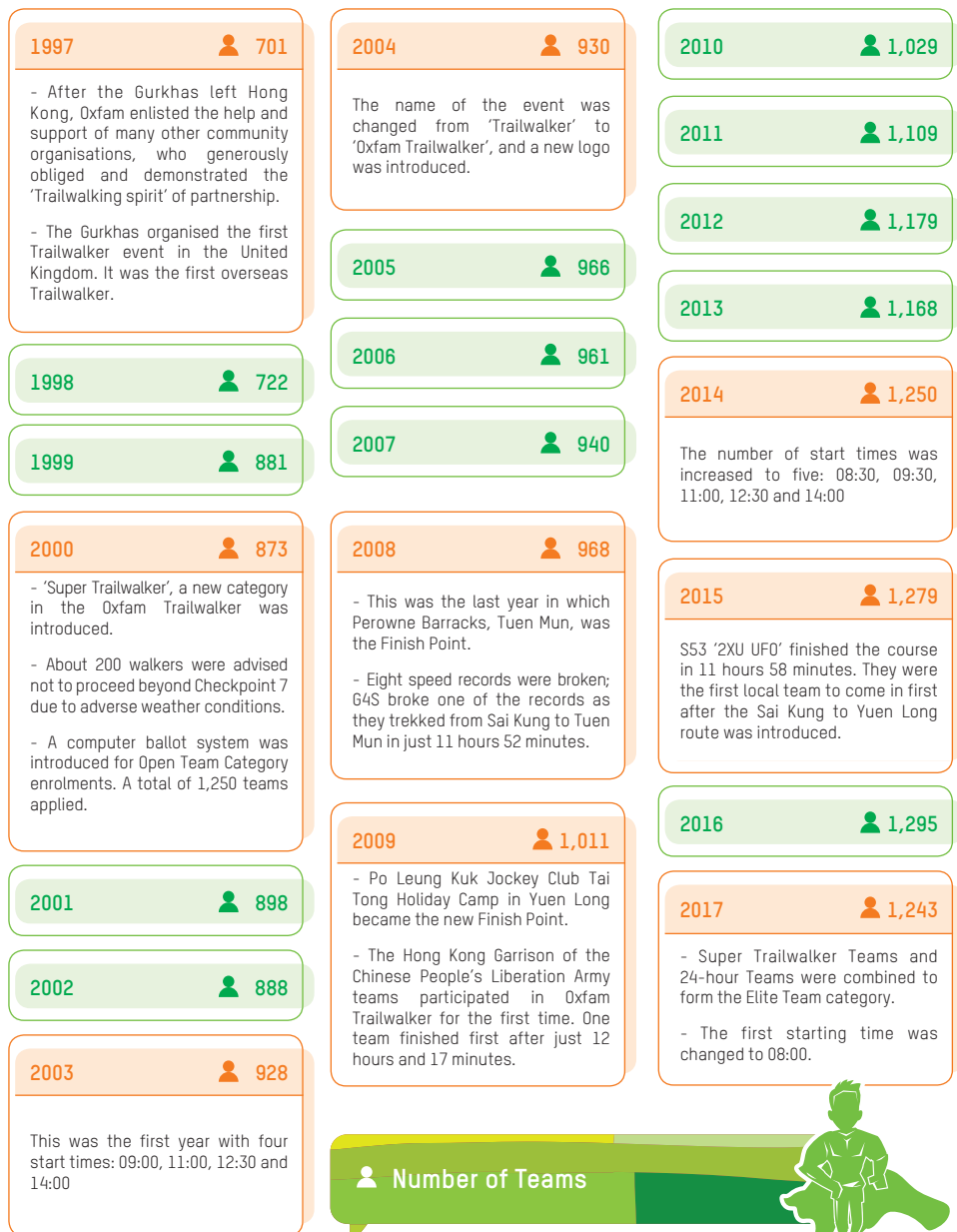
This was the second time a civilian team became the first team cross the finish line: Carlingford Lombard Comets completed the course in 14 hours 26 minutes.

1996

659

A sweet victory for the Gurkhas during their last Trailwalker. They crossed the finish line in just 13 hours 28 minutes.







OXFAM TRAILWALKER 2018 GLOBAL CALENDAR

Date	Location	Organiser
2-4 February 2018	Bengaluru, India	Oxfam India (Bengaluru)
10-11 March 2018	Vacheresse, France	Oxfam France (Wintertrail)
10-11 March 2018	Whakatāne, New Zealand	Oxfam New Zealand
23-25 March 2018	Warburton, Melbourne, Australia	Oxfam Australia (Melbourne)
14-15 April 2018	Girona, Spain	Intermón Oxfam (Spain)
12-13 May 2018	Gurye, Jeollanam-do and Jiri Mountain, South Korea	Oxfam Korea
19-20 May 2018	Euskadi, Spain	Intermón Oxfam (Spain)
26-27 May 2018	Avallon, France	Oxfam France
2-3 June 2018	Madrid, Spain	Intermón Oxfam (Spain)
22-24 June 2018	D'Aguilar National Park, Brisbane, Australia	Oxfam Australia (Brisbane)
13-15 July 2018	Queen Elizabeth Country Park to Brighton Racecourse	Oxfam Great Britain (South of England)
24-26 August 2018	Hawkesbury to Sydney Harbour, Australia	Oxfam Australia (Sydney)
25-26 August 2018	Eupen to Worriken, Belgium	Oxfam Solidariteit (Belgium)
5-7 October 2018	Darlington to Federation Gardens, Forrestfield, Australia	Oxfam Australia (Perth)
16-18 November 2018	Sai Kung to Yuen Long, Hong Kong	Oxfam Hong Kong
23-25 November 2018	Karjat, Raigorda Dist, Maharashtra	Oxfam India (Mumbai)



OXFAM TRAILWALKER OFFICIAL RECORDS (2009 – 2017)

The Finish Point was moved to Yuen Long in 2009.
Speed records since then are listed below.



Year	Fastest Time	Team Name	No. of Teams that Participated
2009	12 hrs 17 mins	PLA HK Garrison	1,011
2010	11 hrs 59 mins	PLA HK Garrison	1,029
2011	12 hrs 22 mins	PLA HK Garrison	1,109
2012	11 hrs 12 mins	SALOMON FRANCE	1,179
2013	10 hrs 58 mins	Team Columbia S1	1,168
2014	11 hrs 56 mins	Team Columbia S1 - Nepal	1,250
2015	11 hrs 58 mins	2XU UFO	1,279
2016	11 hrs 1 min	AWOO Team Nepal	1,295
2017	12 hrs 1 min	AWOO Team Nepal	1,243

Categories	Team	Year	Time
Oxfam Super Trailwalker	Team Columbia S1 (S03)	2013	10 hrs 58 mins
Oxfam Trailwalker	PLA HK Garrison (0008)	2009	12 hrs 35 mins
Male Team	Team Columbia S1 (S03)	2013	10 hrs 58 mins
Female Team	Blister Sisters (S38)	2012	13 hrs 53 mins
Mixed Team	Beauty and the Beasts 美女與猛獸 (8016)	2017	12 hrs 51 mins
Veterans I 50+	Vibram Hong Kong (S20)	2012	14 hrs 1 min
Veterans II 60+	花甲威龍 (0548)	2014	19 hrs 41 mins
Accountancy	KPMG HKTR Bros 2016 (S29)	2016	14 hrs 33 mins
Club or Association	PLA HK Garrison (S49)	2009	12 hrs 17 mins
Education	HKUST MBAAA Speed Ladies (S15)	2014	15 hrs 54 mins
Finance	Convoy Cosmoboys Team 1 (S01)	2012	12 hrs 25 mins
General Corporation	Team Columbia S1 (S03)	2013	10 hrs 58 mins
Government or Military	PLA HK Garrison (S50)	2010	11 hrs 59 mins
Health Care	Salomon x SKP Medical Group LTD x AsiaTrail x Tailwind Nutrition (S47)	2015	14 hrs
Hotels	InterContinental Hong Kong Team 1 (0929)	2013	16 hrs 50 mins
Individual Team	Team Nepal (S51)	2012	11 hrs 1 min
Information Technology	善跑 (S04)	2015	12 hrs 52 mins
Insurance	COSMOBOYS TEAM I (S01)	2016	13 hrs 42 mins
Manufacturing	AWOO Team Nepal (S05)	2016	11 hrs 1 min
Media/PR/Advertising	ASIA TRAIL (0371)	2015	13 hrs 54 mins
Social Service	EFCC Kong Fok Church (Team 1) (S010)	2014	14 hrs 27 mins
Tourism	追峰-天鷹 (S016)	2010	13 hrs 40 mins



OTHER SUPPORTING COMPANIES & ORGANISATIONS

- Agriculture, Fisheries and Conservation Department
- Auxiliary Medical Service
- Chinese Medicine Professional Tui-Na Association, Hong Kong
- Civil Aid Service
- Correctional Services Department
- Customs and Excise Department Volunteer Team
- Government Flying Service
- Government Property Agency
- Hong Kong Adventure Corps
- Hong Kong Air Cadet Corps
- Hong Kong Amateur Radio Transmitting Society Limited
- Hong Kong Fire Services Department
- Hong Kong Fire Services Department Volunteer Team
- Hong Kong Physiotherapy Association Limited
- Hong Kong Podiatrists Association
- Hong Kong Police Force
- Hong Kong Police Volunteer Services Corps
- ICAC Staff Club
- Immigration Department
- Kowloon Central Cluster
- Scout Association of Hong Kong
- Swire Properties Community Ambassador
- The Boys' Brigade, Hong Kong
- The Green Earth
- The RHKR (The Volunteers) Association

