

SUPPORT TEAMS

A good support team can make a huge difference. Leaders of the support teams are advised to attend the briefings organised by the Organiser.

- Support teams should familiarise themselves with the trail beforehand. Prior to the event, walkers
 and their support teams should survey all support points to ensure they know exactly where to
 meet.
- 2. You should have a map showing the precise location of the CPs and a timetable showing your team's estimated time of arrival at each CP. (Please refer to P.47 for the Suggested Timetable for Walkers section)
- 3. Mobile phones and pagers help a lot for teams and support teams to communicate with each other. Test the reliability of the phones and pagers before the event as transmission signals may be weak in some areas. Try to use text messages in these areas.
- 4. Keep in close contact with the walkers during the event. To avoid traffic congestion, you should arrive at CPs not more than 30 minutes before the estimated arrival time of your team.
- 5. To avoid causing any unnecessary obstruction to other participating teams, please limit the number of members in your support team.
- 6. For the sake of fairness, support teams are not allowed to provide any physical assistance to participants, such as pushing the participants forward.
- 7. Plan what you will carry. We suggest that walkers avoid drinking alcohol during the event or at the Finish Point as they might have an allergic reaction after having walked for hours.
- 8. CPs can be very cold at night. Wear warm clothes. Bring a torch and be prepared to wait. Some CPs can be very crowded, so please be patient.

It is also important that support teams have sufficient food and drink as well as other essentials
during the walk. Please avoid blocking other participating teams on the trail and give way to other
teams when appropriate.



- 10. Support teams should discard trash at refuse collection points and should not leave any items at support points. Please keep the area clean.
- 11. Please try to use public transport where possible. Parking has become a problem as the event has grown. The police will not make exceptions for Oxfam Trailwalker support teams when issuing tickets for illegal parking. If you will be driving, please remember to leave plenty of time for traffic jams, and be prepared to park some distance away from the CPs and walk the rest of the way.
- 12. A free shuttle service will be provided at the following points:
 - a. Between the Start Point at Pak Tam Chung and CP2 from noon to 22:00, 18 November
 - b. Between the Finish Point at Tai Tong and the Yuen Long MTR Station from 07:00, 19 November, to 14:30, 20 November
 - c. Between the Tsuen Wan MTR Station to CP8 from 23:00, 18 November, to 23:00, 19 November
- 13. Support teams driving to CPs should read the 'Checkpoints' section (P.35-38) carefully, especially the parking arrangement at the Finish Point. You can also refer to the 'Event' > 'Trail & Checkpoints' section on the Oxfam Trailwalker website for more details. Please also be reminded to switch off the vehicle engine while waiting to reduce emissions.



Important Note

Some CPs are located in country park areas where private cars are not allowed. All support teams must use public transport and follow country park regulations. For details, please visit www.legislation.gov.hk/eng/home.htm and refer to 'Chapter 208 Country Parks Ordinance'.

The Organiser will NOT provide a Country Park Permit for any participant or support team.





SUPPORT AREA AT MAJOR CHECKPOINTS







